



Car Kit

When an earthquake or other emergency occurs, you may not be at home. Keeping these items in a backpack in your car will make you more comfortable and help you be prepared for the hectic hours ahead. They're also useful during non-emergency situations!

Emergency Supplies to Keep in Your Car

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|-------------------------|------------------------|
| Antibacterial Wipes | Medical Gloves |
| Battery Radio | Old Clothes |
| Deodorant | Phone Numbers |
| Dollars & Quarters | Plastic Bags |
| Dust Mask (N95) | Prescription Meds |
| Eyeglasses | Rain Poncho |
| Family Photo | Shampoo & comb |
| First Aid Book | Shoes |
| First Aid Kit | Snacks |
| Flashlight & Batteries | Space Blanket |
| Goggles | Tissue |
| Heat Pak | Toilet Paper |
| Insurance Info | Toothbrush & paste |
| Leatherman / multi tool | Upset Stomach Medicine |
| Lightsticks | Vitamin C |
| Lip Balm | Water |
| Manual Can Opener | Whistle |
| Matches | Work Gloves |

Explanation of items

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|---------------------|---|
| Antibacterial Wipes | Keep hands clean and conserve water |
| Battery Radio | Keep informed when power is out and you leave your car |
| Deodorant | Aid comfort in stressful situations |
| Dollars & Quarters | ATMs may not work. Businesses can require cash payments and have minimal change. Pay phones will be useable before residential phones |
| Dust Mask (N95) | Minimize inhaling dust after an earthquake |
| Eyeglasses | Keep an old pair of glasses available in case yours are lost or damaged |
| Family Photo | Help other to locate your family members |
| First Aid Book | Assist with first aid treatment |

First Aid Kit	Treat minor injuries
Flashlight & Batteries	Power may be out. Keep the batteries in their original package and replace before the expiration date
Goggles	Protect eyes from dust and debris
Heat Pak	Warmth or injury treatment
Insurance Information	Keep a duplicate copy with you in case you can't get back in your house
Knife/ Leatherman	Multi use tool for most situations
Lightsticks	In case batteries don't work...lightsticks give up to 12 hours of light
Lip Balm	Keep lips healthy
Manual Can Opener	To open canned food
Matches	Not to be used if natural gas is present. Cooking fires, lanterns
Medical Gloves	Bacteria protection while giving first aid
Old Clothes	Comfort and protection from elements
Phone Numbers	Out of area contact who can relay information to other family members. Local area codes will be blocked. School emergency contact numbers
Plastic Bags	Disposal of waste products
Prescription Medications	Keep at least a three day supply with you
Rain Poncho	Protection from rain
Shampoo & comb	If you have the opportunity to freshen up
Shoes	Protect feet from broken glass, nails, etc.
Snacks	Provide nourishment while trying to get home
Space Blanket	Light weight, compact, will keep you warm
Tissue	Multi use product
Toilet Paper	In case you're stranded!
Toothbrush & Paste	You may not get home for a while
Upset Stomach Meds	Relief in case you eat bad food or water
Vitamin C	Promote health in stressful situations
Water	At least one gallon in your car...replace every 6 months
Whistle	Provide a means to call for help
Work Gloves	Protect hands from glass and other hazards

Include anything else that will make you more comfortable!